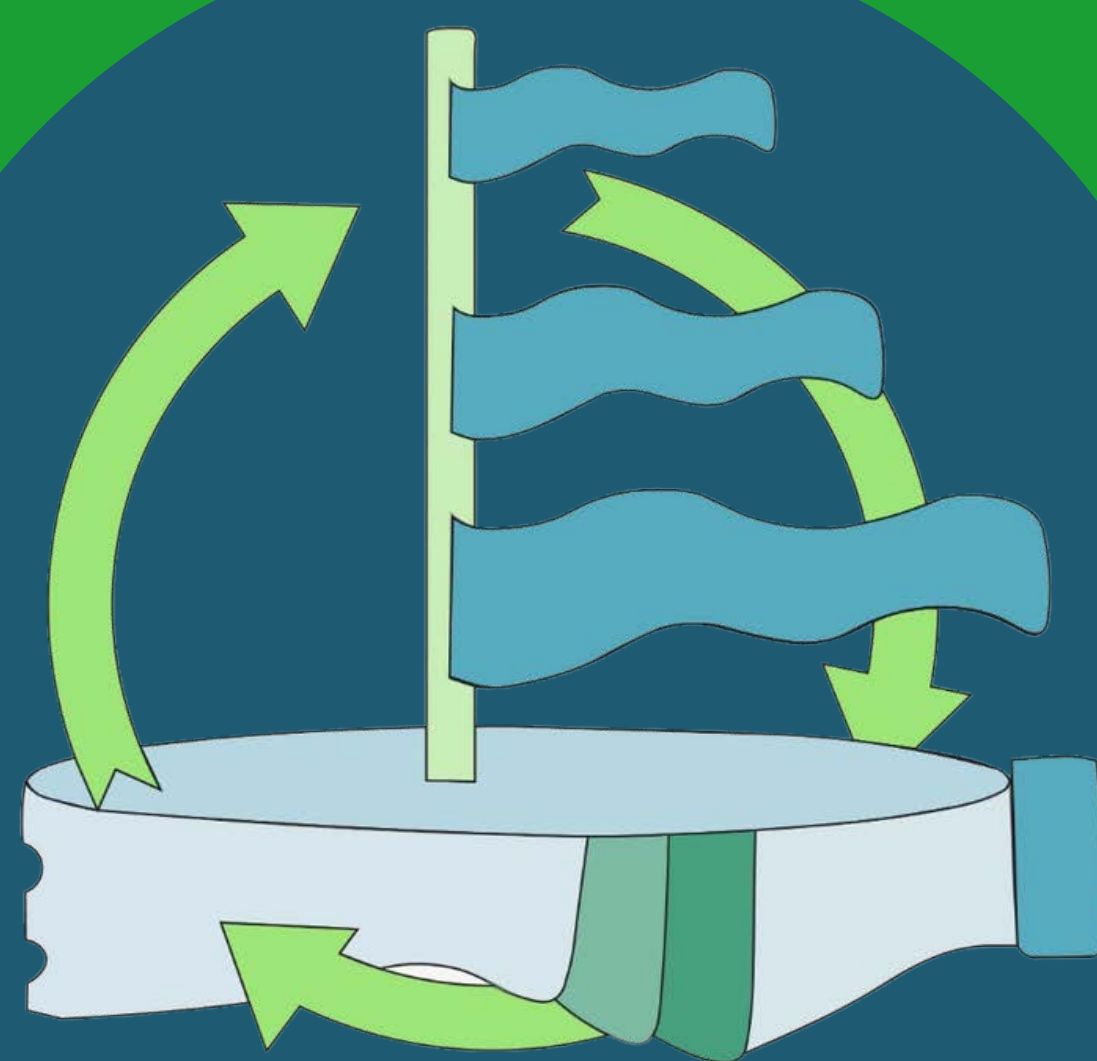


7 TIPS TO REDUCE PLASTIC

1. Take a cute cloth bag for shopping.
2. Use reusable cutlery and plates
3. Avoid chewing gum
4. Look for sustainable swaps (wooden toothbrush and soap bars)
5. Recycle consciously
6. Find Fast Fashion alternatives
7. Buy dried goods and household items in refill shops to cut down on plastic waste

Sometimes plastic is unavoidable.
It's better to be good 80% of the time than 0%

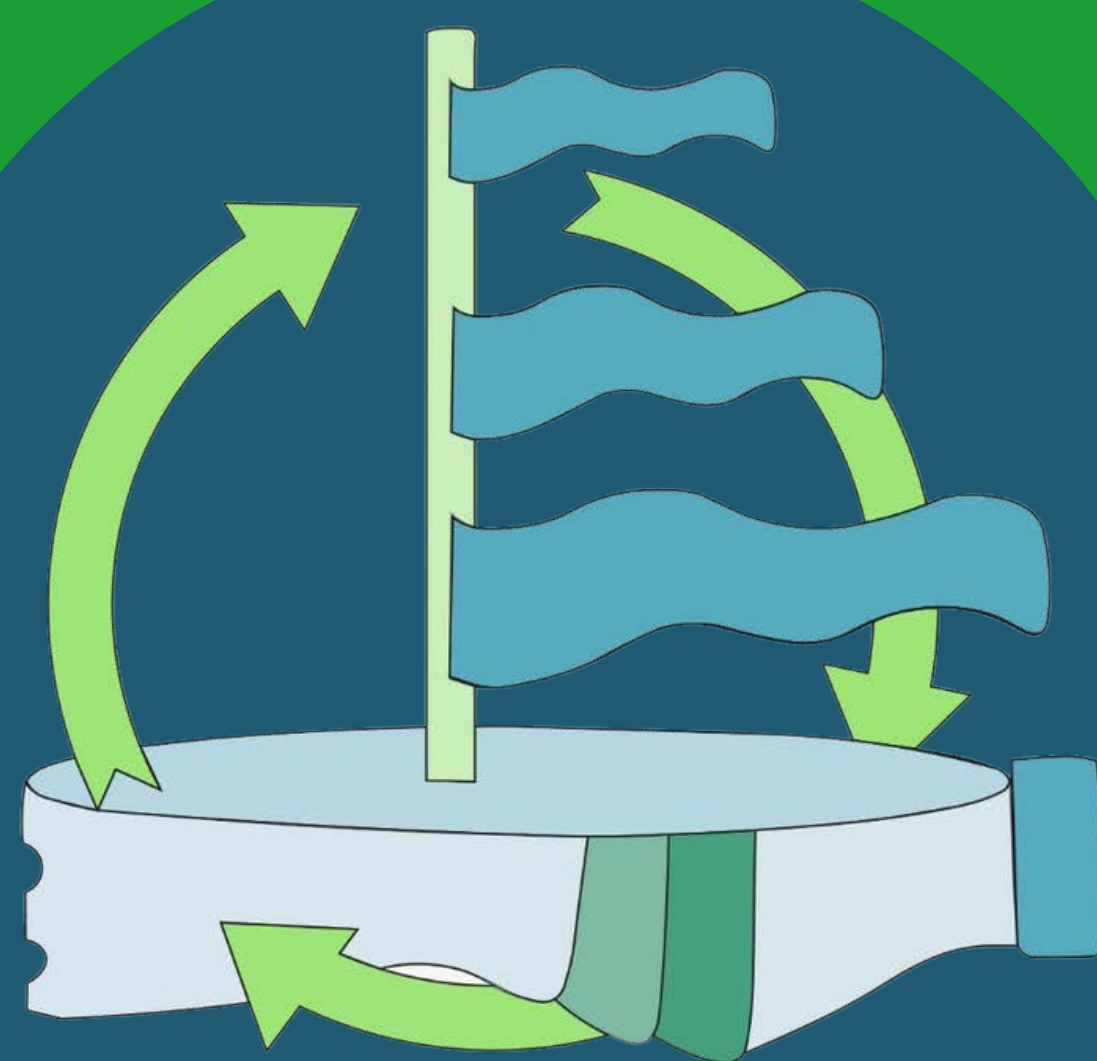


LIFE IN PLASTIC IS NOT FANTASTIC

7 CONSIGLI PER RIDURRE IL CONSUMO DELLA PLASTICA

1. Utilizza una borsa in tela per i tuoi acquisti
2. Opta per posate e piatti riutilizzabili
3. Dì di no alle gomme da masticare
4. Prova delle alternative sostenibili (spazzolini in legno e saponette)
5. Ricicla in modo consapevole
6. Scopri il mondo della moda di seconda mano
7. Compra prodotti sfusi e alla spina

A volte usare plastica è inevitabile.
Anche tu puoi contribuire a ridurre il consumo di plastica mettendo in pratica questi consigli



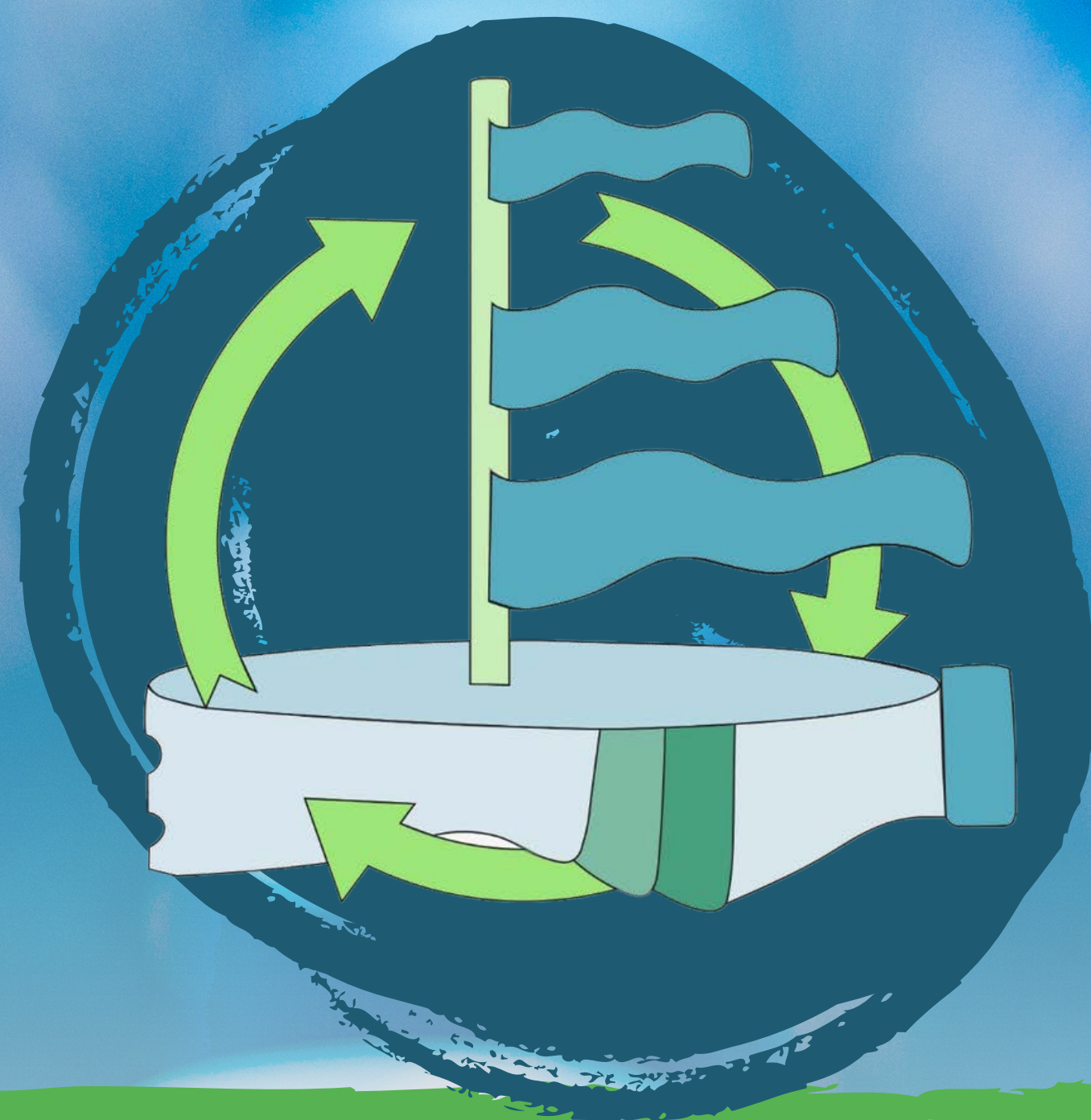
LIFE IN PLASTIC IS NOT FANTASTIC

we eat plastic
every day

5 g every week

250 g in a year

= more than
25 plastic bottles



LIFE IN PLASTIC IS NOT FANTASTIC

tutti noi mangiamo
plastica ogni giorno

5g ogni settimana

250g all'anno

= più di
25 bottiglie di plastica



LIFE IN PLASTIC IS NOT FANTASTIC

we challenge you:

try to don't buy single use
plastic for a week

you're gonna save around

1,5 kg
of plastic

that can help you to save
money as well



LIFE IN PLASTIC IS NOT FANTASTIC

ti sfidiamo:

cerca di non utilizzare
plastica monouso per una
settimana

salverai circa

1,5 kg
di plastica

questo può aiutarti anche a
risparmiare



LIFE IN PLASTIC IS NOT FANTASTIC

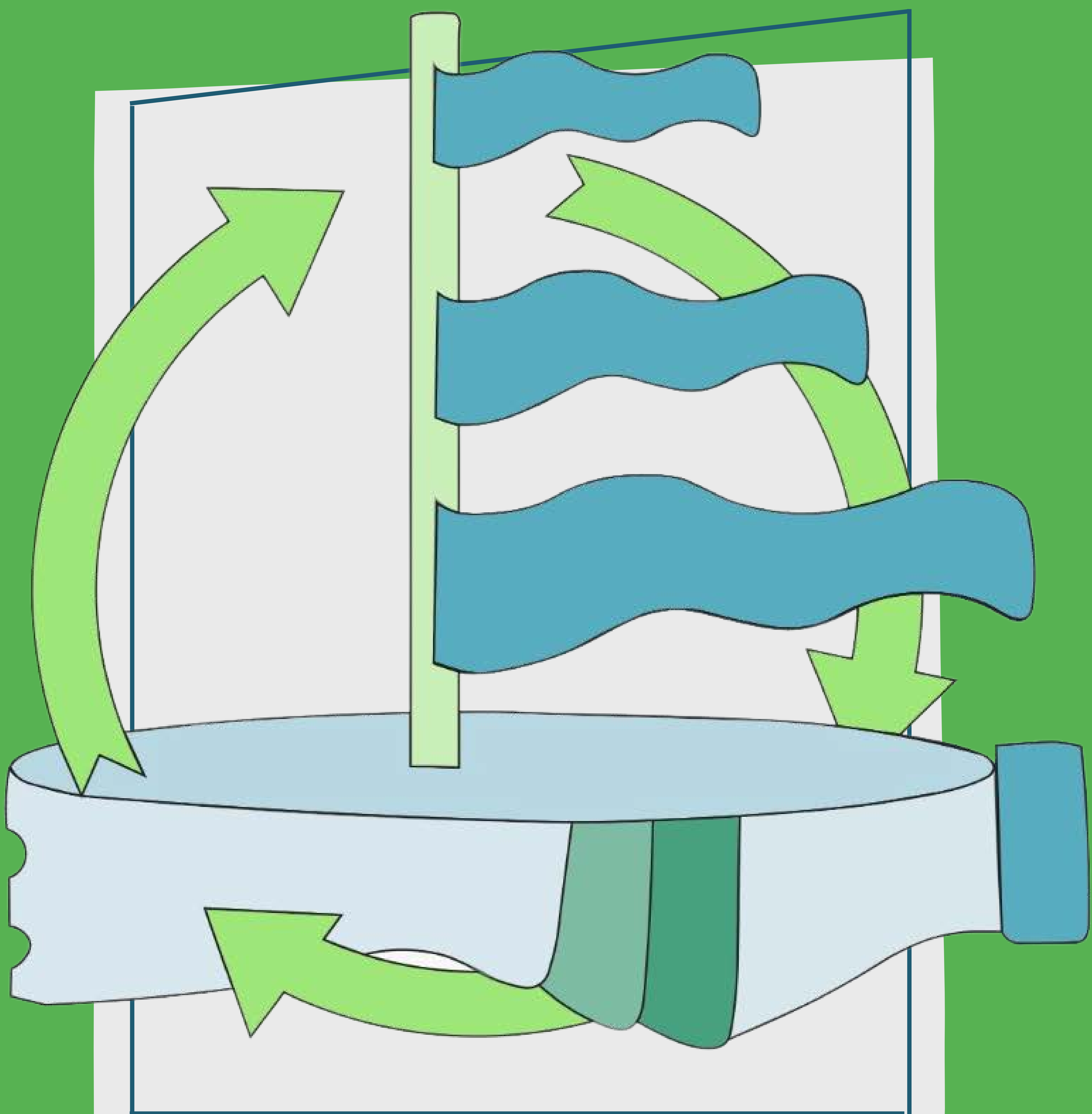
WE HAVE BLOOD IN OUR VEINS... WE SHOULD BE ASHAMED



LIFE IN PLASTIC IS NOT FANTASTIC

LIFE IN PLASTIC IS NOT FANTASTIC

SUPA SAPS PROJECT



WE WANT TO INVITE YOU



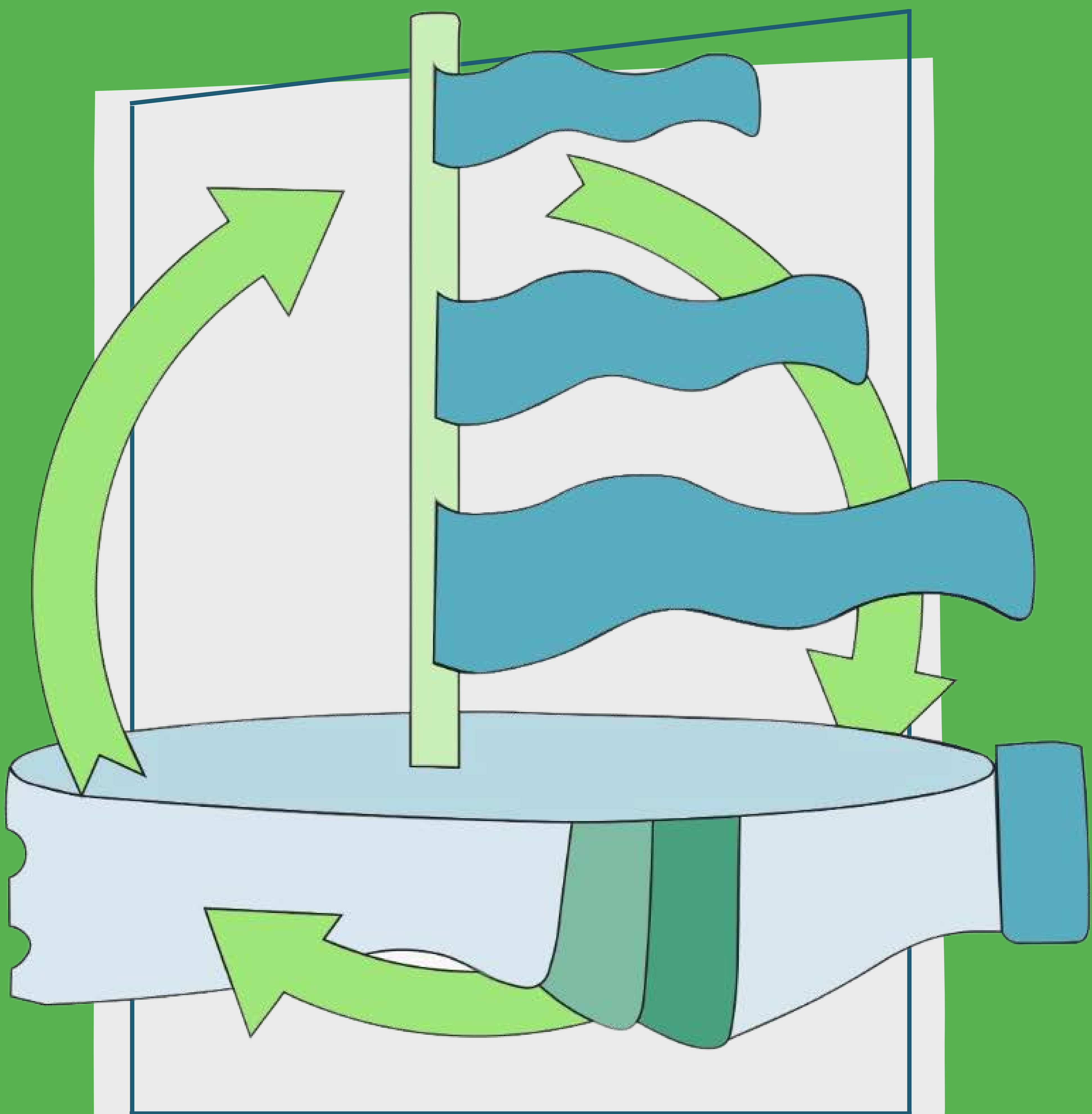
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page

discover
more about
our project



LIFE IN PLASTIC IS NOT FANTASTIC

PROGETTO SUPA SAPS



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metti un like
alla pagina
instagram

scopri di più
sul nostro
progetto

